	INFANCY ⁵									EARLY CHILDHOOD ⁵					MIDDLE CHILDHOOD 5				ADOLESCENCE ⁵									
	2-44 1 2 4 6 9 12								15 18 24 3 4						5 6 8 10				11 12 13 14 15 16 17 18 19 20+									
AGE ¹	PRENATAL ²	NEWBORN 3	Days	Mo	Mo	Mo	Mo	Mo	Mo	Mo	Mo	Mo	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr	Yr
HISTORY			,-																									
Immunization Review ⁶		•	•	•	•	•	•	•	•		•	•	•	•		•				•	•		•		•	•	•	•
Initial/Interval	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
MEASUREMENTS																												
Blood Pressure																		•		•	•		•			•	•	•
Head Circumference		•	•	•	•	•	•	•	•	•	•	•	_	_	_	_		_	-	-			_	_	-	-	-	-
Height and Weight		•	•	•	•	•	•	•		•	•	•	•	•		•		•	•	•	•		•	•	•	•	•	•
SENSORY SCREENING																												
Hearing		O 7		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Vision ⁸		•	•	•	•	•	•	•	•	•	•	•	O ⁹	0	0	0	0	0	•	0	•	•	0	•	•	0	•	•
DEVELOPMENTAL/BEHAVIORAL									_						Ť	Ŭ						_		_	_			
ASSESSMENT 10		•	•			•		•	•	•	•	•				•	•	•	•	•		•	•	•	•	•	•	•
INSPECTIONS		•	_	Ť		_	_	_		_			_		Ť	_		-	_			<u> </u>	Ť		-			
Dental Inspection ¹¹		•				•	•	•	•		•	•				•	•	•		•			•			•	•	•
Physical Examination ¹²											•	•								•						•	•	•
PROCEDURES		•	_	Ť		_	_	_		_			_		Ť	_		-	_			<u> </u>	Ť		-			
Blood Lead ¹³									•			•	∢ M -															
Cholesterol 14												Н	Н	Н	н	Н	Н	Н	Н	Н	Н	Н	Н	Н	н	Н	Н	Н
Diabetes (Type 2) ¹⁵														''	l ''		''	Н.		Н	''	H		H		Н		Н
Hematocrit or Hemoglobin ¹⁶								4• -		∢ H –									F	F	F	F	F	F	F	F	F	F
Hereditary/Metabolic Screening										,					_													
biotinadase ¹⁷		•																										
congenital adrenal hyperplasia 17		•																										
galactosemia ¹⁷		•																										
hemoglobinopathies 17		•																										
hypothyroidism 17		•																										
maple syrup urine disease 17		•																										
phenylketonuria (PKU) 17		•																										
sickle cell ¹⁸		•					∢• −																					-
Pelvic Exam ¹⁹																			Н	Н	Н	Н	Н	Н	Н	•	•	•
STD Screening ²⁰																			Н	Н	Н	Н	Н	Н	Н	Н	Н	Н
Tuberculin (TB) Test ²¹									Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н	Н
Urine Test ²²															•				•				- • -					
GUIDANCE																												
Anticipatory Guidance ²³	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Injury Prevention ²⁴	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Interpretive Conference	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Nutritional Assessment ²⁵ Sleep Position Counseling ²⁶	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
Violence Prevention 27	•	•	•	•	•	•							_			_								_				
VIOLETICE FTEVERILION	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
]							

ullet = to be performed H = test high risk children M = mandatory if not previously tested

O = objective screen (i.e., standardized method)

F = test menstruating adolescent

- 1. If a child comes under care for the first time at any point on the schedule, or if any items are not accomplished at the suggested age, the schedule should be brought up to date at the earliest possible time.
- 2. A prenatal visit is recommended for parents who are at high risk, for first-time parents, and for those who request a conference. The prenatal visit should include pertinent medical history, injury prevention, and anticipatory guidance. The benefits of breastfeeding should be discussed as well as the planned method of feeding per AAP statement "The Prenatal Visit" (RE0053), Pediatrics, Volume 107, Number 6, June 2001, pp. 1456-1458.
- 3. Every infant should have a newborn evaluation after birth. Breastfeeding should be encouraged and instruction and support offered. Every breastfeeding infant should have an evaluation 48-72 hours after discharge from the hospital to include weight, formal breastfeeding evaluation, encouragement, and instruction as recommended in the AAP statement "Breastfeeding and the Use of Human Milk" (RE9729), Pediatrics, Volume 100, Number 6, December 1997, pp. 1035-1039.
- 4. For newborns discharged within 48 hours of delivery, per AAP statement "Hospital Stay for Healthy Term Newborns" (RE9539), Pediatrics, Volume 96, Number 4, October 1995, pp. 788-790.
- 5. Developmental, psychosocial, and chronic disease issues for children and adolescents may require frequent counseling and treatment visits separate from preventive care visits.
- 6. An immunization review shall be performed at each appointment, with immunizations being administered at appropriate ages, or as needed. See schedules published annually in the January edition of Pediatrics.
- ALL Medicaid-covered newborns must be screened using evoked otoacoustic emissions (EOAE) and/or auditory brainstem response (ABR) methods per AAP statement "Newborn and Infant Hearing Loss: Detection and Intervention" (RE9846), Pediatrics, Volume 103, Number 2, February 1999, pp. 527-530.
- 8. A subjective vision screening (i.e., by history) shall be performed at each appointment. For asymptomatic children three years of age and older, objective screening shall occur as indicated. For children of any age, a referral to an optometrist or ophthalmologist shall be made if there are symptoms or other medical justification.
- 9. If the patient is uncooperative, rescreen within six months.
- 10. By history and appropriate physical examination and/or via a screening instrument. If suspicious, by specific objective developmental, mental health, or substance abuse testing. Parenting skills should be fostered at every visit.
- 11. A dental inspection should be performed at each screening. Provide reinforcement of routine preventive dental care, stressing the recommended schedule of the American Academy of Pediatric Dentistry. If the next preventive dental visit is not scheduled, if the beneficiary does not have a dentist, or if restorative dental care is needed, a referral shall be made.
- 12. A complete physical examination shall be performed at each appointment. Infants should be totally unclothed, older children undressed and suitably draped.
- 13. Medicaid children are considered high risk and shall be tested accordingly. Information relative to testing, treatment, and referrals may be obtained by calling the Childhood Lead Poisoning Prevention Program at (517) 335-8885.
- 14. Test high risk children per AAP statement "Cholesterol in Childhood" (RE9805), Pediatrics, Volume 101, January 1998, pp. 141-147. If a family history cannot be ascertained and other risk factors are present, testing is at the discretion of the provider.
- 15. Test high risk children every two years beginning at ten years of age (or at onset of puberty if it occurs at a younger age). Refer to the AAP statement "Type 2 Diabetes in Children and Adolescents, Consensus Statement of the American Diabetes Association" in Pediatrics, Volume 105, March 2000, pp. 671-680.
- 16. See AAP *Pediatric Handbook of Nutrition* (1998) for a discussion of universal and selective screening options. Consider earlier screening for high risk infants (premature infants, low birth weight infants). Also see "Recommendations to Prevent and Control Iron Deficiency in the United States" *MMWR*, 1998; 47 (RR-3):1-29.
- 17. By law, these newborn tests should be initiated before the child is discharged from the hospital.
- 18. If the child was born in a Michigan hospital on or after October 1, 1987, the test should have been performed on the newborn. For other children with all or some black heritage, the test is required prior to the child's 21st birthday unless electrophoresis for sickle cell was done when the child was at least six months of age and the results are known to the parent.
- 19. All sexually active females (high risk) shall have a pelvic exam and Pap smear. A pelvic exam, breast exam, and Pap smear should be offered to all females beginning at 18 years of age.
- 20. All sexually active patients (high risk) shall be screened for sexually transmitted diseases (STDs).
- 21. Test high risk children according to the current edition of the AAP Red Book: Report of the Committee on Infectious Diseases. Based on standards of good practice, Mantoux testing is the preferred method.
- 22. A urinalysis (at a minimum, via dipstick) for all children at five years of age and for sexually active male and female adolescents.
- 23. Age-appropriate discussion and counseling should be an integral part of each visit per the AAP "Guidelines for Health Supervision III" (1994).
- 24. From birth to 12 years of age, refer to the AAP injury prevention program as described in A Guide to Safety Counseling in Office Practice (1994).
- 25. Age-appropriate nutrition counseling should be an integral part of each visit per the AAP Pediatric Handbook of Nutrition (1998).
- 26. Parents and caregivers shall be advised to place healthy infants on their backs when putting them to sleep. Side positioning is a reasonable alternative but carries a slightly higher risk of Sudden Infant Death Syndrome (SIDS). Consult the AAP statement "Changing Concepts of Sudden Infant Death Syndrome: Implications for Infant Sleeping Environment and Sleep Position" (RE9946), Pediatrics, Volume 105, Number 3, March 2000, pp. 650-656.
- 27. Violence prevention and management per AAP statement "The Role of the Pediatrician in Youth Violence Prevention in Clinical Practice and at the Community Level" (RE9832), Pediatrics, Volume 103, Number 1, January 1999, pp. 173-181.

If any problems are detected or suspected, a referral should be made.

If a test is contraindicated at the time of appointment, it need not be performed; if the provider wishes to perform certain tests more frequently (e.g., take blood pressure at each visit, test an older child for blood lead), they may be provided; or if the child requires more frequent health checkups, they may be provided. If additional tests are required, they may be performed or referred, as appropriate.